

Mindalk Memo

13th July
2026



Dates to Remember...

2026 Curriculum Days

Friday 31st July

Monday 2nd November

Friday 18th December

Assembly - Friday 17th July - 8.40am

Parent Teacher Conference: 3pm - 4.20pm | Monday 20th - Wednesday 22nd July

Foundation 100 Days of School - 24th July

2027 Foundation Enrolment Applications due - 31st July

Swimming F-6 - 10th Aug - 21st Aug

District Athletics - 12th Aug

Science Week - 12th Aug

Book Week - 24th Aug

Dentist To You - 24th + 25th Aug

Indigenous Literacy Day - 2nd Sep

RUOK Day - 9th Sep

Last day Term 3 - Friday 18th Sep 1.50PM FINISH

Principal message:

Welcome Back!

Term 3 has begun! I hope our families enjoyed a peaceful and relaxing term break and you managed to stay warm amid the chilly weather. We are beyond the half way mark in our inaugural first year as a school and I am exceedingly positive about leading this wonderful community into Term 3.

Our Mindalk Memo will be shared with our community in each odd week of the term, with our teaching teams sharing their year level newsletter in the remaining weeks so that our families understand what is being learnt and acknowledged across each year level.

Every voice - Every Journey - One Community

Parent Teacher Interviews

As shared at the end of last term we are holding our Parent/Teacher Interviews in the second week of this term: from Monday 20 July to Wednesday 22 July, between 3:00 pm and 4:20 pm each day.

If you have not yet done so, please go onto Xuno to book your time.

This is an important opportunity for you to discuss your child's achievement and progress as shared in their Semester 1 report.

If you need support in booking a time, please contact our office: 7300 7122

Uniform Reminder

Our student dress code at Mindalk Primary School has been developed to:

- foster a sense of community and belonging and encourages students to develop pride in their appearance
- support our commitment to ensuring that our students feel equal and are dressed safely and appropriately for school activities
- reduce student competition on the basis of clothing
- enhance the profile and identity of the school and its students within the wider community.

From this term we will begin sending home a 'uniform reminder' slip to families where students are seen not to be correctly wearing our uniform while at school. Should parents wish to discuss our student dress code we encourage you to make contact: mindalk.pseeducation.vic.gov.au

Foundation Enrolment 2027 & School Tours

Our enrolments are open for 2027 Foundation students. If you know of a family who intends on enrolling at Mindalk Primary School, please encourage them to visit our website or office for further information.

We are running school tours this term for prospective enrolments and families can register their interest by calling our office.

After-school Clubs

As we begin a new term, we have a new offering for two after-school programs delivered by Kids Unlimited.

On Wednesdays, beginning on 22nd July we will be running an Art & Design session for children in our Art space.

On Thursdays, beginning on 23rd July there will be a Robotics Club in the library.

Contact

E: mindalk.pseeducation.vic.gov.au

P: 7300 7122



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Principal message:

Kids Unlimited

EXTRA CURRICULAR ACTIVITIES AT Mindalk Primary

Arts & Design

Kids will explore drawing, painting, and crafts through fun, hands-on projects. With supportive instructors and exciting activities, they'll build skills, express themselves, and discover the joy of art

Day: WEDNESDAYS

Time: 2:50 – 3:50

Cost: \$200 for 8 weeks

Starts on: 22 July

For Years: Preps - Year 6

Location: To be confirmed

Robotics

Build, Program & Explore!
In this fun program, kids use LEGO WeDo and Spike kits to build and program their own robots—boosting creativity, teamwork, and problem-solving while having a blast!

Day: THURSDAYS

Time: 2:50 – 3:50

Cost: \$220 for 8 weeks

Starts on: 23 July

For Years: Years 1 - 6

Location: To be confirmed

HURRY!

SPACES ARE LIMITED



Book A Trial

How? Call or Email us!

ENROL
ONLINE
NOW!

Scan or
click the
QR code
to enrol
online!



Kids Unlimited

1300 424 377

info@kidsunlimited.com.au

Have a stellar week Everyone!

Contact

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A Semester of Learning

Reports Now Available

What a semester it has been! We are so proud of the learning, growth and effort every student has shown across Semester 1. Reports are now available to view via Xuno - log in to your family account to read all about your child's progress. Wishing every Mindalk family a wonderful winter break.

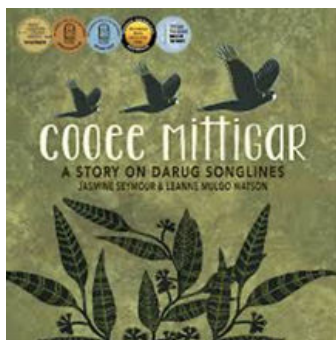
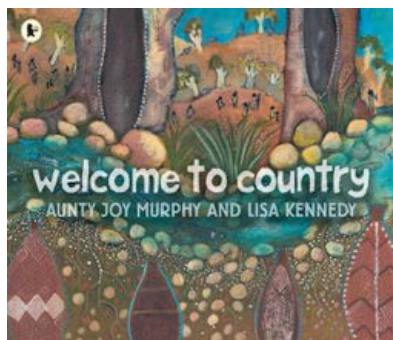


Community & Culture - NAIDOC Week at Mindalk

NAIDOC Week 2026 runs from 5-12 July, and this year's theme is 50 Years of Deadly - a milestone celebration of fifty years of First Nations voices, culture, survival and pride. The word "deadly" in Aboriginal English means excellent, amazing, and something to be proud of, and this theme honours the Elders who stood firm, the communities who kept showing up, and the generations of First Nations people who refused to be silenced. At Mindalk, we'll be celebrating this moment across our learning community during Week 1 of Term 3. Keep an eye out for more details shortly.

As NAIDOC Week falls right in the middle of the winter school holidays this year, it's also a wonderful opportunity for families to get involved beyond the school gate. Here are a few ideas:

- Visit a local NAIDOC Week event: community organisations, councils and cultural centres across Melbourne's west host free events during the week. Check naidoc.org.au/local-events to find something near you. If you're heading into the city, the NGV and Melbourne Museum often host NAIDOC programming worth exploring.
- Read together: borrowing a book by an Aboriginal or Torres Strait Islander author is one of the most meaningful things you can do at home. Some wonderful titles for primary-aged children include *Welcome to Country* by Auntie Joy Murphy and Lisa Kennedy, and *Cooee Mittigar* by Jasmine Seymour, a beautiful Darug language story about the seasons. Your local library will have a dedicated NAIDOC display.
- Watch and listen: SBS and NITV are the national media partners for NAIDOC Week and will be broadcasting a full week of First Nations storytelling, documentaries and cultural content from 5-12 July. It's genuinely great family viewing.
- Have a conversation: ask your child what they know about NAIDOC Week and what they've learned at school. These conversations, even simple ones, build genuine understanding and respect that lasts well beyond the week itself.



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A Semester of Learning cont.

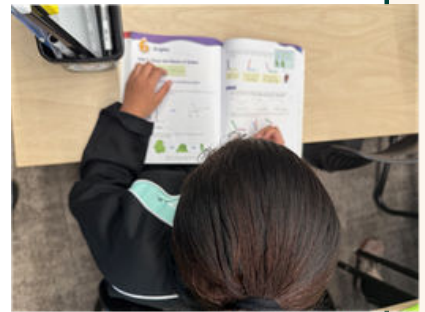
Learning at Home - The power of the after school wind down

Children arrive home from school with their self-regulation 'tank' running on empty, after a full day of concentrating, managing friendships and holding big emotions together. The two things that make the biggest difference are a good snack and some unstructured time before anything else is asked of them.

A snack with protein and slow-release carbs, fruit with cheese, crackers with hummus, yoghurt with berries, helps stabilise mood and makes everything that follows go more smoothly. Blood sugar drops after a long day without food, and a child who hasn't eaten since lunch is far more likely to struggle with big emotions. Try sitting with them for even five minutes while they eat; this short moment of connection often opens up more conversation than anything else you'll try.

Before homework or structured activities, children also need a buffer, unscheduled, child-led time to let the nervous system settle. Free play, a scooter ride, drawing, quiet time with a book, or time with a pet all count. As a rough guide, Foundation-Year 2 students benefit from 30-60 minutes of free time first, while Year 3-6 students generally need 20-40 minutes. Watch your child rather than the clock - signs they've decompressed include starting to chat about their day, seeming settled and engaged, or coming to find you for connection.

A tired, dysregulated child cannot do their best thinking, so homework completed after a snack and some free time is usually done faster, with less conflict and better quality. Even 15 minutes of downtime makes a real difference, especially on busy afternoons. On our website we share our Mindalk homework guide, keep an eye out for it, as it includes more detail about our approach and how families can best support learning at home.



Winter School Holidays - Ideas for the break

The winter break runs from Saturday 27 June to Sunday 12 July, a great opportunity for rest, connection and adventure. A few ideas for families in and around Melbourne's west:

For something free and close to home, both Melton City Council and Wyndham City Council run holiday programs through their libraries and community centres each July, including craft workshops, LEGO building, art sessions, board games and family movie sessions, all free or very low cost. Melton's program typically includes NAIDOC themed activities during the school holidays too, which connects beautifully with this year's theme. Check melton.vic.gov.au and wyndham.vic.gov.au early, as spots fill quickly. With public transport running at half-price across Victoria for the rest of the year, a day trip into the city is also more affordable than usual, Melbourne Museum, Scienceworks and the Melbourne Aquarium all have winter holiday programming worth exploring.

If you're after a day outdoors, the You Yangs Regional Park is a beautiful winter destination just a short drive from Truganina, with wide open trails, granite outcrops and plenty of space for a family walk and a packed lunch. Werribee Park is another free favourite, with rolling grounds perfect for kicking a ball or flying a kite. For a wildlife experience, kids under 16 get free entry to Werribee Open Range Zoo on weekends and during Victorian school holidays, always a hit. And for a free indoor option on a cold day, the RAAF Museum at Point Cook has one of the best collections of historical aircraft in the country and is free to enter, open Thursdays and Sundays with online bookings essential.

And of course, since NAIDOC Week falls right in the middle of the holidays, it's a perfect time to take in a local cultural event or spend an evening watching NITV together as a family (see above).

Whatever your plans, we hope it's a restful and joyful break. Students return for Term 3 on Monday 13 July.

Contact

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P: 7300 7122



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Digital Learning – Supporting your child online at home

Students in Years 3–6 are continuing their Digital Online Safety learning this term, and there's a lot families can do to reinforce these skills at home. Here are some practical strategies that make a real difference:

Keep devices in shared spaces. Having screens in the lounge room or kitchen rather than bedrooms makes it much easier to have natural conversations about what your child is doing online, without it feeling like surveillance. It also makes it easier to notice when something doesn't seem right.

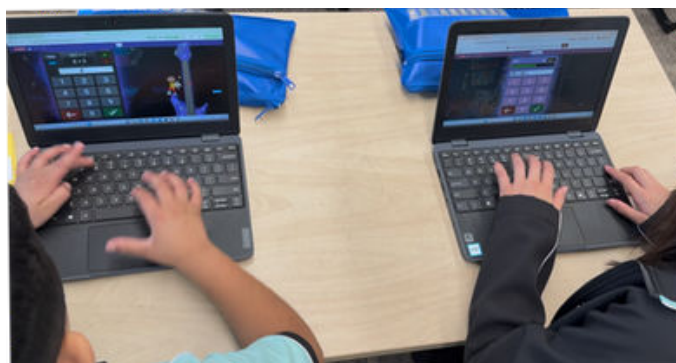
Talk about it regularly and without judgment. The single most protective thing a parent can do is make sure their child knows they can come to them if something happens online, even if it was something they did wrong themselves. Try asking "what's something funny or interesting you saw online this week?" rather than "what have you been doing on your device?" Open curiosity works better than interrogation.

Know the A.C.T. framework: Ask, Check, Think before engaging with anything online. Also, practise the T.E.C framework: Think, Evaluate, Choose when they encounter difficult situations. Using the same language at home "have you checked whether that's from a trusted source?" or "what would you choose to do there?" reinforces the learning powerfully.

Set clear boundaries together, not just for your child. Children are more likely to follow agreed limits when they've been part of setting them and when they see adults modelling the same behaviour. Agreeing on screen-free times (dinner, the hour before bed, car trips) as a household norm is more effective than rules that feel like punishment.

Talk about what to do if something goes wrong. Make sure your child knows that if they ever see sometways to tell a trusted adult and not to delete anything. Reassure them that they won't be in trouble for telling you.

Working together, home and school make the biggest difference in helping our students build the skills and confidence to navigate the digital world safely and responsibly.



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Welcome to Puberty - Information

Life ED Victoria: Welcome to Puberty - Year 5/6

As part of the Life ED Talk About It program, students will participate in a 105 minute session called Welcome to Puberty. The session is designed to help students understand the changes they may experience as they grow and develop. Students will also learn practical ways to look after themselves, stay safe, ask questions and seek support from trusted adults when needed.

Date: Tuesday 28th July

Cost: \$20

During this session, students will learn about:

- What puberty is and why it is a normal part of growing up.
- The names of male and female body parts.
- Basic information about how the male and female reproductive systems work.
- The physical, social and emotional changes that can happen during puberty.
- The importance of personal hygiene and communicating with trusted adults.
- Menstruation and the use of sanitary products, including pads and tampons.

The information will be presented in an age appropriate, respectful and inclusive way to support students as they navigate this important stage of development.

Payment and consent for the incursion is found on XUNO.



Breakfast Club

Students are welcome to visit the Student Kitchen (near the Science and Art rooms) before school every day of the week starting the second week of term **from 8.10am to 8.20am** to enjoy a healthy breakfast and a positive start to the day with friends.

On offer will be:

- Toast with Vegemite or honey
- Fruit cups
- A variety of cereals with full cream or
- lactose-free milk
- Small milks

Breakfast Club is completely free – and all students are welcome. Just bring yourself and a smile!

We extend our sincere thanks to Foodbank for generously supplying the food that makes this program possible all over Victoria.

If you are interested in volunteering, please ensure you have a valid Working with Children Check and contact the school office.



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Student Awards

Foundation A Rayyan Khan & Tesneem Aba-Waji	Foundation B Daisie Waterworth & Beau Martin Hill	Foundation C Ali Mohsin Syed & Ezekiel Martin	Foundation D Amber Arora & Yada Sopa
Year 1/2A Tuki Tupuiliu & Vrushali Patel	Year 1/2B Zym-Cole Mafunda- Oaariki & Zorawar Jawanda	Year 1/2C Ayat Fatima & Suhelia Abdi	Year 1/2D Ali Qasim & Matautia Schuster
	Year 3/4A Zaiden Rexhepi & Kaea Pakoti	Year 3/4B Shanoy Rattan & Isabella Mpongo	Year 3/4C RMahlia Rose Wilson & Tulote Toutou
	Year 5/6A Aarya Prajapati & Ayva Lafaele	Year 5/6B Musa Waqas & Lume Coetzer	
Science Janvee Vivek & Zain El- Achkar	Physical Education Atticus Tomlin & Magdalene Savou	Social & Emotional Learning Maria Kopa-Lafaele & Daniel Thang Ngan	Art DeAndre Carew & Hargun Kaur

PARENTING PROGRAMS 2026

HOBSONS
BAY CITY
COUNCIL



Learn basic First Aid for young children

Hosted by Ambulance Victoria



Ambulance
Victoria®

WEBSITE & REGISTRATION DETAILS:

<https://events.humanitix.com/learn-first-aid-for-parents-and-carers-of-young-children>

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TK TUCKSHOP

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Sustainable
food delivered
to your school!**

**Order until 8am
on the day via
our Spriggy
Schools App**

**Over 40 delicious
hot & cold lunch
packs to cater to all
dietaries!**



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OUR APP**

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TK TUCKSHOP

**QUESTION?
CONTACT OUR
OPERATIONS TEAM**

0428 411 008

support@tktuckshop.com.au

HOT FOOD INSTRUCTIONS

**Please leave in insulated bag until
eating time, then distribute to
students as labelled. If bag is opened early,
the food will not remain hot.**

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Wyndham Youth Career Connect

Wyndham City is excited to share Wyndham Youth Career Connect; an interactive and inspiring event designed for young people aged 16-25 who are exploring future career pathways.

This event brings together local employers, training providers, youth services and young leaders to help participants gain clarity, confidence and practical next steps for their future.

At Youth Career Connect, young people can:

- Explore local opportunities – discover current jobs, programs and training options in Wyndham
- Learn about volunteering – find out how to get involved and build experience
- Get practical advice – hear directly from employers and industry experts
- Hear youth success stories – learn from young people who have navigated their own career journeys
- Connect with support services – discover programs that can help with study, work and life goals

Get informed, get motivated, and take the next step toward your future.

Bookings are essential – register now to secure your spot.

<https://www.wyndham.vic.gov.au/whats-on/wyndham-youth-career-connect-tarneit>



Resume Help

Young people aged 15-25 can also access Resume Help, a free one-on-one session with our Education and Youth Librarians.

Click here for more bookings and information: <https://www.wyndham.vic.gov.au/resume-help-15-25-year-olds>

These sessions are ideal for anyone who wants to:

- Write or refine a resume
- Draft a cover letter
- Learn how to search and apply for jobs
- Prepare for interviews

Sessions run for one hour and are available online or in person. Each session is tailored to the participant's needs and generally focuses on one key area.

Please book only one session initially. Additional sessions may be discussed with the librarian if appropriate.

Participants will receive an email before their session requesting information to help tailor support. Responding to emails is an important workplace skill, so we encourage timely replies.

Please note: our Education and Youth Librarians are not career counsellors, but they can provide practical tips and guidance for job applications. Additional information is available on the Finding Work section of our website, <https://www.wyndham.vic.gov.au/services/libraries/youth/finding-work>.



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