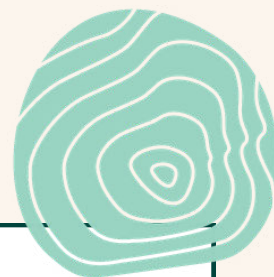


Mindalk Memo

24th August
2026



Dates to Remember...

Book Week - 24th Aug
Dentist To You - 24th + 25th Aug
Indigenous Literacy Day - 2nd Sep
Fathers Day Gift Collection - 3rd Sep

RUOK Day - 9th Sep
Sports Colours Jam Donut Day - 17th September
Last day Term 3 - Friday 18th Sep 1.50PM FINISH

2026 Curriculum Days

Monday 2nd November
Friday 18th December

Principal message:

Every voice - Every Journey - One Community

Parent Club Meeting

On Thursday 27th August we are holding a Parent Club meeting at 8.30am in the library. This meeting will be to elect our President and Treasurer. If you are curious about contributing to this group, please come along and say hi!

Staffing

We will shortly welcome a new integration aide to MINDALK Primary School - congratulations to Navneet Kaur who will begin working with us in late September. Welcome Navneet!

Pick Up Time

Despite requests we are still observing some driving and pedestrian behaviours that are not safe when families are collecting children at the end of the day.

Last week I asked the Neighbourhood Policing Unit to attend onsite at pick up time to observe and provide advice. They will continue to visit intermittently for the remainder of term alongside the Melton City Council. I ask our families to remember:

- the red line at Stop & Drop means that parents must remain in their car
- children are not to cross the road without a parent, particularly outside of the wombat crossing areas
- we respect our neighbours by not parking across driveways
- u-turns on Trickett Drive cause traffic congestion with cars parked on both sides of the road. Parents are encouraged to drive around the block instead to ensure traffic can continue flowing.

Policies for Feedback

Last week our School Council revised a policy now updated on our website:

- Acceptable Use Policy - technology in schools

This policy outlines the way we use technology and interact online. We teach our students about responsible digital behaviours, including how to recognise and respond to online dangers and threats. We are intentional and discerning about our integration of digital tools into the curriculum, providing rich, interactive and personalised experiences, while ensuring a balance with offline learning opportunities. If parents have any feedback on this policy, I encourage them to reach out: <https://mindalkps.vic.edu.au/policies/>

Book Week Parade

This week we celebrate our very first Book Week at MINDALK! On Friday morning at 8.40am we will hold a parade so that our community can see the wonderful book character costumes of our staff and students. All are welcome!

Have a lustrous week Everyone!



Contact

E: mindalk.ps@education.vic.gov.au
P: 7300 7122



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Developing Our Student Leaders

In previous weeks, our Student Leaders reflected on their assembly presentation skills and identified individual creative growth mindset goals for future improvement. They considered how confidence, preparation, expression and teamwork can strengthen their impact as school leaders.

The next phase will support students to apply their leadership beyond assemblies by establishing projects that strengthen student voice and contribute positively to our school community.



Semester 1 Curriculum Review

Our Teaching and Learning Team is continuing to evaluate our Semester 1 curriculum and learning experiences. Staff have reflected collaboratively on the effectiveness of English, Mathematics, Humanities and Specialist programs, identifying strengths and opportunities for further development.

This review will draw on multiple sources of evidence, including:

- student assessment and achievement data;
- differentiated Foundation-Year 6 student surveys;
- staff reflection and feedback; and
- student focus groups, which will be conducted during the next phase.

Bringing these perspectives together will help us understand what supported student learning, what students and staff valued, and where refinements can strengthen future curriculum planning and classroom practice.

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What a Wonderful Pyjama Day!

On Thursday 6 August, we celebrated our very first Pyjama Day—and what a cosy, colourful and caring day it was!

It was fantastic to see students and staff arrive in their favourite pyjamas, ready for a fun-filled day. Breakfast Club helped us begin the chilly morning with warm Milo—the perfect start to Pyjama Day! Our students also demonstrated their creativity through the Pyjama Day colouring competition.

Congratulations to our winners:

- Foundation: Fateh (FB)
- Year 1/2: Teghbir (1/2D)
- Year 3/4: Peyton-Ivy (3/4B)
- Year 5/6: Lume (5/6C)

We are thrilled to share that our community raised an incredible \$400 for the Pyjama Foundation, which supports children living in foster care.

A huge thank you to our students, staff and families for dressing up, colouring, donating and making our first Pyjama Day such a success. We are proud that our cosy day of fun also provided an opportunity to demonstrate creativity, compassion and our Mindalk values.



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Melton Maths Network Games Day

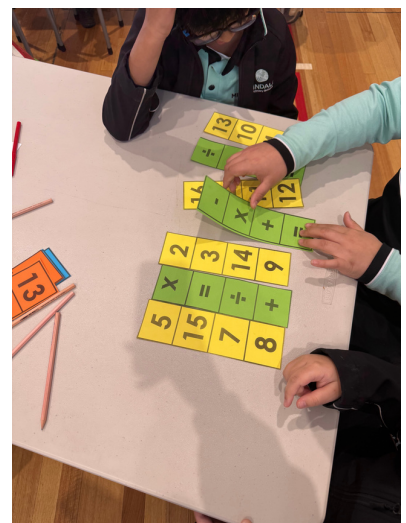
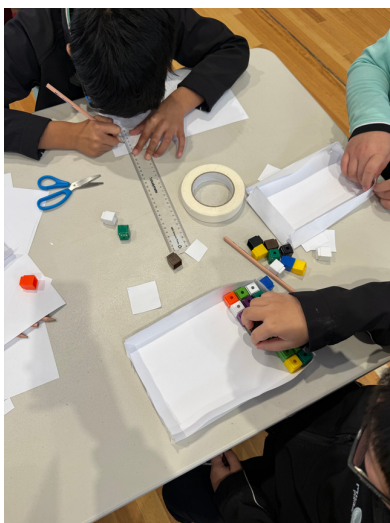
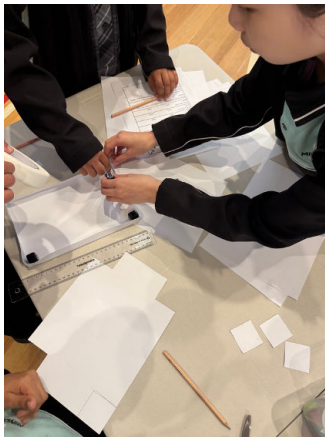
On Thursday, 20th August, a group of 3/4 students had a fantastic day at the Melton Maths Network Games Day!

Students took part in a range of exciting, hands-on maths challenges that put their teamwork, problem-solving skills and mathematical thinking to the test. They worked together to tackle tricky problems, tried out different strategies and had plenty of fun along the way!

Our students also had the chance to compete against other schools from across the network, making it a fun and challenging day full of learning, laughter and teamwork.

A huge congratulations to Harper, who was awarded the Space Cadet Award! 🚀 Harper showed fantastic focus, listened carefully and stayed engaged throughout the entire day. What an awesome achievement!

Well done to everyone who participated and represented our school so proudly! ☀️



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\$3.00



Sports Colours Jam Donut Day

17th September

**ORDERS through
TryBookings**



<https://www.trybooking.com/DOXKM>

Orders close on the 10th September
NO LATE ORDERS WILL BE ACCEPTED

Contact

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Student Awards

Foundation A Tushita Kalra & Mannat Gill	Foundation B Brian Vakameilalo & Jase Alaoui	Foundation C Ira Mehra & Ilkan Khadem	Foundation D Zaliah Ismail & Neiva Sreeraj
Year 1/2A Harsukh Kaur & Sera Atonio	Year 1/2B Paul Ah-Lam & Aisha Jalloh	Year 1/2C Lana Simao & Hassan Kashif	Year 1/2D Ana Sosaia & Elsie Ayo
	Year 3/4A Tiffany Garcia & Macey Cameron	Year 3/4B Bomi Ncube & Mannat Kaur	Year 3/4C Samuel Nekzada & Zain El-Achkar
	Year 5/6A Ikjot Brar & Blake Crossly-Lower	Year 5/6B Daiwik Deendyal & Kapri-Rosa Matamata	Year 5/6C Matthan Parado & Deacon Marshall
Performing Arts Xavier Toko & Matautia Schuster	PE Ahumaiterere Stevens-Uncles &	S&DT Jaxon Jones & Cayden Harris	



MINDALK
Primary School

Breakfast Club

With Breakfast Club open every morning from 8.10am to 8.20am, we are now starting this week with Baked Beans on Thursdays and Milo on Fridays.

Students can find Breakfast Club in our Food Technology room. We hope to see you there!

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TK TUCKSHOP

**QUESTION?
CONTACT OUR
OPERATIONS TEAM**

0428 411 008

support@tktuckshop.com.au

HOT FOOD INSTRUCTIONS

Please leave in insulated bag until eating time, then distribute to students as labelled. If bag is opened early, the food will not remain hot.



TRUGANINA TENNIS CLUB

Start your Tennis Journey with us!

Hotshots Groups Cardio & Adult Tennis
Private Lessons Squad Session

FREE TRIAL LESSONS
Bookings Required – please book in advance
<https://www.vidatennis.com.au/free-intro/>



Contact Us
Mark Peel
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0488 098 680

Andrew Whittington
andrew@vidatennis.com.au
0419 546 458

Kids' Collective AUGUST 2026 PARENT BLOG

SUPPORTING FAMILIES TO THRIVE

with Sania

By Sania
Psychotherapist & Positive Behaviour Support Practitioner

HELLO AND WELCOME.
I'm Sania, a Psychotherapist and Positive Behaviour Support Practitioner, dedicated to supporting individuals and families through challenges.
My warm, evidence-based approach uses therapies like CBT, DBT, Play Therapy, Art Therapy, attachment-based strategies, and Positive Behaviour Support to build emotional wellbeing and resilience.
I have extensive experience supporting children and families experiencing:
• Anxiety and emotional regulation difficulties
• Behavioural challenges and neurodiversity (Autism, ADHD)
• Family and relationship concerns
• Parenting stress and caregiver burnout
• Life transitions, self-esteem, and personal growth

I believe that behind every behaviour is a need, and healing begins when we seek to understand rather than simply correct.

PARENT CORNER

PARENT SKILL OF THE MONTH: CONNECT BEFORE YOU CORRECT
Children are far more likely to cooperate when they feel safe, understood, and connected.
Before correcting behaviour, try:
• Get down to your child's level
• Acknowledge their feelings
• Stay calm and curious
• Problem-solve together

INSTEAD OF: "Stop yelling!"
TRY: "I can see you're feeling really frustrated right now. Let's work this out together."

PARENTING TIP: CATCH YOUR CHILD BEING GOOD
Parents often spend time correcting behaviours. Research shows positive praise is among the most effective ways to encourage lasting change.
Try to notice and praise even small positive behaviours:
• "Thank you for putting your shoes away."
• "I noticed how kindly you spoke to your sister."
• "You worked really hard on that homework."

REMEMBER: Focusing on effort rather than perfection lays a foundation for growth.

TRY DECLARATIVE LANGUAGE
Instead of giving repeated commands, try making observations or sharing information.
Rather than saying: "Put your shoes on!"
Try: "I notice your shoes are by the door. We leave in five minutes."
This approach encourages independence, reduces anxiety, and decreases power struggles by giving children time to process information and think for themselves.
Helpful words include:
• I wonder... • I remember... • I hope...
• I notice... • I'm thinking...
Small changes in language can create big changes in connection.

YOU DON'T HAVE TO DO IT ALONE
Parenting is a journey filled with both joys and challenges.
If you have concerns about your child's emotions, behaviour, or development, know that support is available.
Feel free to connect with me at the clinic to explore how counselling or behaviour support can help your child and family thrive.

TOGETHER, WE CAN CREATE POSITIVE CHANGE, BECAUSE HEALING BEGINS WITH UNDERSTANDING.

WERRIBEE LITTLE ATHLETICS CENTRE

FREE TRIAL DAY

SATURDAY 19TH SEPTEMBER 2026 9:30AM

1 FORTITUDE DRIVE TRUGANINA

GO TO WWW.WLAC.COM.AU TO REGISTER FOR A FREE TRIAL

Website info www.wlac.com.au

[f](https://www.facebook.com/werribelittleathleticscentre) [i](https://www.instagram.com/werribelittleathleticscentre) @werribelittleathleticscentre



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